Acceptance

Accountability

Appreciation

Balance

Care

Collaboration

Commitment

Companionship

Compassion

Empathy

Equality

Faith

Forgiveness

Friendship

Honesty

Humour

Independence

Intimacy

Listening

Loyalty

Openness

Positivity

Protection

Respect

Safety

Security

Support

Trust

Understanding

Vulnerability

Relationship values

“Choose people who lift you up.”

Michelle Obama

Relationship values

“Never dull your shine for somebody else.”

Tyra Banks

Acceptance

Accountability

Appreciation

Balance

Care

Collaboration

Commitment

Companionship

Compassion

Empathy

Equality

Faith

Forgiveness

Friendship

Honesty

Humour

Independence

Intimacy

Listening

Loyalty

Openness

Positivity

Protection

Respect

Safety

Security

Support

Trust

Understanding

Vulnerability

Acceptance

Accountability

Appreciation

Balance

Care

Collaboration

Commitment

Companionship

Compassion

Empathy

Equality

Faith

Forgiveness

Friendship

Honesty

Humour

Independence

Intimacy

Listening

Loyalty

Openness

Positivity

Protection

Respect

Safety

Security

Support

Trust

Understanding

Vulnerability

Relationship values

“You know it’s love when all you want is that person to be happy, even if you’re of part of their happiness.”

Julia Roberts

Acceptance

Accountability

Appreciation

Balance

Care

Collaboration

Commitment

Companionship

Compassion

Empathy

Equality

Faith

Forgiveness

Friendship

Honesty

Humour

Independence

Intimacy

Listening

Loyalty

Openness

Positivity

Protection

Respect

Safety

Security

Support

Trust

Understanding

Vulnerability

Relationship values

“When you love someone, you love the person as they are, and not as you’d like them to be.”

Leo Tolstoy

Acceptance

Accountability

Appreciation

Balance

Care

Collaboration

Commitment

Companionship

Compassion

Empathy

Equality

Faith

Forgiveness

Friendship

Honesty

Humour

Independence

Intimacy

Listening

Loyalty

Openness

Positivity

Protection

Respect

Safety

Security

Support

Trust

Understanding

Vulnerability

Relationship values

“He’s not perfect. You aren’t either and the two of you will never be perfect. But if he can make you laugh at least once, causes you to think twice, and if he admits to being human and making mistakes, hold on to him and give him the most you can.”

Bob Marley

Acceptance

Accountability

Appreciation

Balance

Care

Collaboration

Commitment

Companionship

Compassion

Empathy

Equality

Faith

Forgiveness

Friendship

Honesty

Humour

Independence

Intimacy

Listening

Loyalty

Openness

Positivity

Protection

Respect

Safety

Security

Support

Trust

Understanding

Vulnerability

Relationship values

“We can improve our relationships with others by leaps and bounds if we become encouragers instead of critics.”

Joyce Meyer

Acceptance

Accountability

Appreciation

Balance

Care

Collaboration

Commitment

Companionship

Compassion

Empathy

Equality

Faith

Forgiveness

Friendship

Honesty

Humour

Independence

Intimacy

Listening

Loyalty

Openness

Positivity

Protection

Respect

Safety

Security

Support

Trust

Understanding

Vulnerability

Relationship values

“Assumptions are the termites of relationships.”

Henry Winkler

Acceptance

Accountability

Appreciation

Balance

Care

Collaboration

Commitment

Companionship

Compassion

Empathy

Equality

Faith

Forgiveness

Friendship

Honesty

Humour

Independence

Intimacy

Listening

Loyalty

Openness

Positivity

Protection

Respect

Safety

Security

Support

Trust

Understanding

Vulnerability

Relationship values

“I didn’t understand that playing roles in any relationship is false and will inevitably lead to the relationship’s collapse. No one can be any one thing all the time.”

Portia De Rossi